

J. Cheri Gillham CV



Professional Licenses and Training

Cheri has been a Licensed Massage Therapist and Bodyworker for 26 years. In 1995 she pursued Craniosacral Therapy and completed much of her Craniosacral Therapy training with [The Upledger Institute](#). She was a teaching assistant for [The Upledger Institute](#) for all levels of CranioSacral Therapy training including Somato Emotional Release, Advanced, and Pediatrics. She later studied Craniosacral Therapy for Infants, Pregnancy and Postpartum with [Carol Gray](#) and Cranial Nerve Dysfunction with [Michelle Emanuel](#).

Cheri completed her Neuromuscular Pain Relief training with Paul St. John - St. John Neuromuscular Pain Relief Seminars and [Doug Nelson](#). She studied other bodywork modalities with the various people including [Gil Hedley Integral Anatomy Somanautics Cadaver Workshops](#), [Sharon Porter Trauma Resolution](#), [Aaron Mattes](#), [Leon Chaitow](#), [Creative Core Energetics Body Oriented Psychotherapy](#), and [Erik Dalton](#). She has attended neonatal resuscitation classes with [Karen Strange](#).

Cheri taught Deep Tissue Intensive Classes and Introduction to CranioSacral Therapy Classes at Central Illinois School of Massage Therapy, IL and Health Connections Massage Therapy School, Bloomington, IL prior to moving to Texas in 2003. From 2005 - 2007 she taught Anatomy, Physiology, Business & Health for the Austin School of Massage Therapy at their San Antonio locations. Currently, she teaches Craniosacral Therapy and TMJ classes in San Antonio, Texas, and Utah. She teaches educational classes for parents ranging from Infant Massage to Craniosacral Therapy techniques to Parents with Special Needs Children. She is a co-instructor for Supporting Emotional Release with [Carol Gray](#) in Portland. Prior to becoming a Massage Therapist, Cheri was a training director and Instructor for a fast paced Computer Consulting Firm for 12 years.

Cheri volunteered in various roles for 15 years for [Pathways to Successful Living Seminars](#) in Chicago, IL. These seminars teach participants to reach new levels of success and fulfillment, both personally and professionally.

Certifications and Affiliations

Cheri Gillham is [Board Certified for Therapeutic Massage and Bodywork](#), a [Texas Licensed Massage Therapist](#), a [Continuing Education Provider for the State of Texas](#), a [Utah Licensed Massage Therapist](#), a [Certified Instructor for Infant Massage](#). Member of the [International Healthcare Practitioners Alliance](#), Member of the [Associated Bodywork & Massage Professionals](#), and a Member of [The American CranioSacral Therapy Association](#),

She regularly attends continuing education training for childbirth educators, body workers and continues her own personal work with [Life Coach Jen Halterman](#).